

Sandstone Ice 2020

General Information

“Isn’t ice climbing, like, really dangerous?” The risks are comparable to our regular rock-climbing trips. The ropes are still anchored to features on the top of the climb (such as trees and bolted anchors—not to the ice itself). The main difference is the ice tools and crampons.

We will leave Apollo at 7 in the morning and return the same evening. Students should bring a bag lunch, money for fast food supper, and money for renting ice gear.

Ice Gear Rental

To ice climb, you need rigid-soled ice boots, crampons, and ice tools. To own these items would cost about \$800, so we’ll be renting from Hard Water Sports in Sandstone. Last year, the cost of renting all of these items was about \$60, assuming shared ice tools with a partner. If you rent your own, cost goes up to about \$85.

Suggested Gear

Clothing

- Feet: 2 pairs of socks. One thin, underneath. One thicker, on top. Boots will be rentals.
- Legs: 2 or 3 layers. Long underwear, pants, snowpants.
- Torso: 3 or 4 layers. Long underwear shirt, sweater, winter jacket.
- Hands: 2 pairs of gloves or mittens. One may get wet from climbing.
- Head: 2 layers. Hat + hood, or mask + hat, etc.

Take clothing seriously! There is no warming house in the ice park. You’ll be standing outside all day.

Climbing gear

- If you have a harness and belay device, bring it.
- If you have a rope or other anchor hardware, bring it.
- No rock shoes necessary.

Food

- Lots of snacks. Your body needs calories to maintain heat.
- Lunch.
- Liquid container. A Thermos with something warm is nice, but optional.
- Money for supper.

Student & Emergency Contact Information

Please list allergies here: (bees, food, medication, etc.) _____

Student cell: _____

Stockinger’s cell: 320.310.5945

Emergency contact name: _____

Emergency contact name #2: _____

Home phone: _____

Home phone: _____

Cell phone: _____

Cell phone: _____

Apollo School Field Trip Permission Form

As parent/legal guardian of _____, I grant
(Print Student's Name)

permission for him/her to participate in the field trip described below.

(School completes form down to signature line.)

Destination: Robinson Park, Sanstone, MN

Nature or purpose of the trip: Ice climbing

Date/time leaving: Tuesday, March 3, at 7am

Date/time returning: Same day, 6pm-ish

Sponsors/Chaperones: Mr. Stockinger

Cost of Trip per Child: Up to \$86 for gear rental from Hard Water Sports, in Sandstone, plus cost of food.

Signature of Parent/Guardian

Date

I am aware that when I am on a school-sponsored trip, I am under the jurisdiction and supervision of the school-employed sponsors/chaperones and that my behavior must conform to the *Code of Student Conduct*, the school's Student Handbook, and reasonable instructions from chaperones. I understand I will be subject to appropriate disciplinary action for violations of these rules and regulations.

Signature of Student

Date

Acknowledgement of Liability Limitations and Assumption of Risk

In consideration of District 742 permitting students to participate in the above mentioned activity, the above-signed parent/guardian hereby assumes all risks associated with participation and agrees to hold District 742, its employees, agents, representatives, coaches and volunteers harmless from any and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by or in connection with the student participation in any activities related to the activities mentioned above. The terms hereof shall serve as a release and assumption of risk for my heirs, executor, administrator, assignees, and for all members of my family.

As a parent/guardian, I fully understand that ISD 742 does not provide insurance for my student while participating in interscholastic activities. I fully understand that it is my responsibility to provide insurance coverage for my student.