

Sandstone Ice December 2022

General Information

“Isn’t ice climbing, like, really dangerous?” The risks are comparable to our regular rock-climbing trips. The ropes are still anchored to features on the top of the climb (such as trees and bolted anchors—not to the ice itself). The main difference is the ice tools and crampons.

We will meet at Hard Water Sports in Sandstone, MN. Carpooling is encouraged. I will leave from Apollo at 7:15 in the morning (but cars aren’t required to stop at Apollo—it’s just a convenient meeting place). We will return the same evening. Students should bring a lunch, money for supper, and the gear listed below.

Ice Gear Rental

We’ll be renting our gear from Hard Water Sports in Sandstone. This year, the climbing club will pay for the rentals (a \$50 value).

Suggested Gear

Clothing

- Feet: 2 pairs of socks. One thin, underneath. One thicker, on top. Boots will be rentals.
- Legs: 2 or 3 layers. Long underwear, pants, snowpants.
- Torso: 3 or 4 layers. Long underwear shirt, sweater, winter jacket.
- Hands: 2 pairs of gloves or mittens. One may get wet from climbing.
- Head: 2 layers. Hat + hood, or mask + hat, etc.

Take clothing seriously! There is no warming house in the ice park. You’ll be standing outside all day.

Climbing gear

- If you have a harness and belay device, bring it.
- If you have a rope or other anchor hardware, you may bring it, but I will have 4 already.
- No rock shoes necessary.

Food

- Lots of snacks. Your body needs calories to maintain heat.
- Lunch.
- Liquid container. A Thermos with something warm is nice, but optional.
- Money for supper.

Student & Emergency Contact Information

Please list allergies here: (bees, food, medication, etc.)

Student cell: _____

Stockinger's cell: 320.310.5945

Emergency contact name: _____

Emergency contact name #2: _____

Home phone: _____

Home phone: _____

Cell phone: _____

Cell phone: _____

Apollo School Field Trip Permission Form

As parent/legal guardian of _____, I grant
(Print Student's Name)

permission for him/her to participate in the field trip described below.

(School completes form down to signature line.)

Destination: Robinson Park, Sandstone, MN

Nature or purpose of the trip: Ice climbing

Date/time leaving: Thursday, December 29, 7:15am. Meet at Hard Water Sports in Sandstone, MN at 9am.

Date/time returning: Same day, 7ish pm

Sponsors/Chaperones: Mr. Stockinger

Cost of Trip per Child: Just money for supper. All other costs covered by the Climbing Club.

Signature of Parent/Guardian

Date

I am aware that when I am on a school-sponsored trip, I am under the jurisdiction and supervision of the school-employed sponsors/chaperones and that my behavior must conform to the *Code of Student Conduct*, the school's Student Handbook, and reasonable instructions from chaperones. I understand I will be subject to appropriate disciplinary action for violations of these rules and regulations.

Signature of Student

Date

Acknowledgement of Liability Limitations and Assumption of Risk

In consideration of District 742 permitting students to participate in the above mentioned activity, the above-signed parent/guardian hereby assumes all risks associated with participation and agrees to hold District 742, its employees, agents, representatives, coaches and volunteers harmless from any and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by or in connection with the student participation in any activities related to the activities mentioned above. The terms hereof shall serve as a release and assumption of risk for my heirs, executor, administrator, assignees, and for all members of my family.

As a parent/guardian, I fully understand that ISD 742 does not provide insurance for my student while participating in interscholastic activities. I fully understand that it is my responsibility to provide insurance coverage for my student.

WAIVER OF LIABILITY AND INDEMNIFICATION AGREEMENT
CLIMBING CLUB PARTICIPATION

THIS WAIVER OF LIABILITY AND INDEMNIFICATION AGREEMENT, is between Independent School District 742, St. Cloud, Minnesota, (hereinafter "School"); and the undersigned, (hereinafter "Participant"), an individual who has expressed an interest in participating in the School Climbing Club.

1. Participant hereby acknowledges and agrees that Participant has voluntarily chosen to participate in the Climbing Club.
2. Participant acknowledges that certain of the activities Participant will be engaging in related to the Climbing Club will entail known and unknown risks that may result in physical or emotional injury, property damage, or even death to Participant, or to other persons or their property.
3. Participant understands that indoor and outdoor rock climbing, rock climbing instruction, exercises related to rock climbing, use of the School's facilities or equipment (the "Facilities"), and participation in the Climbing Club (collectively the "Climbing Activities") have inherent risks and dangers and may result in physical or emotional injury or death. Participant acknowledge that injuries commonly result from Climbing Activities, including injuries from (i) falling off the climbing walls, (ii) skin contact with climbing surfaces or ropes, (iii) activities on or near the climbing areas, (iv) the acts or omissions of others, (v) failure or misuse of climbing equipment or the climbing surface, (vi) failure to follow instructions or to ask for information or assistance, and (vii) other circumstances, both foreseeable and unforeseeable. Participant understands that this list of risks does not include all possible risks associated with Climbing Activities, and that no amount of care, instruction, or supervision can eliminate the risks associated with Climbing Activities. Participant further understands that climbing on artificial climbing walls is not the same as climbing on other surfaces, and that the instruction that participant may receive in the Programs is not necessarily applicable to other climbing conditions. Participant also understand that the instruction received in the Programs does not prepare participant to climb without supervision, and that the holds used on artificial climbing surfaces are a convenience (not a safety feature) and that they can and do break. participant expressly assumes all risks associated with participation in the Climbing Activities, and I choose to participate in the Climbing Activities in spite of, and with full knowledge, understanding, and appreciation of all risks.
4. Participant further acknowledges that part of the risk involved in undertaking any activity of this nature is relative to Participant's own current state of fitness or health and to Participant's own awareness, care, and skill in the manner in which Participant conducts Participant's self while participating in the wall climbing activities. Participant asserts that Participant is in proper physical and mental condition to participate in Climbing Activities and is fully capable of participating in Climbing Activities. Participant will notify School immediately and cease participation if, after execution of this Agreement, participant's physical or mental condition changes such that Participant can no longer safely participate in Climbing Activities.
5. Participant agrees to comply with all rules from time to time posted in the Facilities, on the School's website, in written materials provided by the Climbing Club, or otherwise made available to me, and with all instructions of the School's instructors and staff.
6. Participant also acknowledges that Participant is relying solely on the coverage provided by Participant's own insurance, if any, and that School does not and will not provide any health, workers compensation, accident or any other insurance coverage that is designed to cover or that has as its purpose the coverage of any of the risks to Participant associated with the use of the Climbing Wall.

7. In consideration of Participant being given the opportunity to participate in the Climbing Club, Participant, by Participant's signature below, on behalf of Participant's self, and Participant's heirs, personal representatives, successors, insurers, affiliates and assigns agrees not to sue School or any of School's related entities, or their officers, directors, agents and employees and expressly agrees and promises to hereby forever release and discharge School from and against any and all claims, demands, causes or action or liability of any kind whatsoever for injuries or damages Participant may now or in the future have or claim to have, known or unknown, in any way resulting from or arising out of or occurring: (a) during the course of participating in the Climbing Club or Climbing Activities; (b) that is related in any way to Participant's conduct at School or in the Facilities, whether with or without the knowledge and consent of School; and/or (c) that occurs or is in any way associated with any unauthorized use of the Facilities or climbing equipment by Participant.
8. By Participant's signature below Participant acknowledges that Participant has read and understands the statements contained in this Agreement, that no oral representations, statements or inducements apart from this written Agreement have been made to Participant to cause Participant to sign the Agreement or to participate in the Climbing Club, and that Participant is voluntarily signing this **Waiver of Liability and Indemnification Agreement**.
9. This Waiver shall remain in force until revoked by Participant in writing and mailed or hand delivered to School. If any part of this Agreement is held to be unenforceable, the remaining portions of this Agreement shall remain in full force and effect. This Agreement shall be governed and construed in accordance with Minnesota law. Any action or proceeding relating to this Agreement shall be venued in Stearns County, Minnesota. I voluntarily and intentionally waive the right to a trial by a jury in any action relating to this Agreement or against any Released Party. This Agreement is binding upon my heirs and executors.

DATED: _____

PARTICIPANT:

(Signature)

(Print Name)

If Participant is under the age of 18 a parent or guardian must sign the Agreement.

DATED: _____

PARENT/GUARDIAN

(Signature)

(Print Name)

Parent Guardian
(Check the applicable box)

**Waiver and Release of Liability and Assumption of Risk Acknowledgement Regarding
Transportation in the Greater St. Cloud Area**

I, _____, a student who participates in _____
(Student Name) (Sport/Activity)

and I, _____, as the parent/legal guardian of above student,
(Parent/Legal Guardian Name)

consent to following alternative transportation options for Student going to or from extracurricular activities in the Greater St. Cloud Area, including, but not limited to, practices, games, and competitions, offered by Independent School District No. 742, St. Cloud (the "District"). I understand the District is providing transportation to the same location and instead prefer to have Student transported by alternative means.

Please select all options that that apply:

- I consent to Student transporting himself/herself. Student is ___ years old and has a valid driver's license.
- I consent to Student transporting himself/herself with other minor passengers in the vehicle. Student is ___ years old and has a valid driver's license.
- I consent to my Student being transported by another student _____ driving a personal vehicle.
(Name of Student Driver)

*NOTE: For the first six months of licensure for a minor driver: Only **one passenger** under the age of 20 is permitted, unless accompanied by a parent or guardian. For the second six months of licensure: No more than three passengers under the age of 20 are permitted, unless accompanied by a parent or guardian.*

- I consent to Student being transported by me, _____.
(Name of Parent/Legal Guardian)

I consent to Student being transported by _____
(Name of Adult / Relationship to Student)

I consent to the district providing Student a bus token for public transportation in the event the student is not picked up after a practice or event and has no other transportation arranged.

In consideration for Student's participation in extracurricular activities and in light of the alternative transportation options selected above,

- Assumption of Risk.** I knowingly and freely assume all risks, both known and unknown of the selected transportation options above, even if arising from the negligence of the school district, or from others, and assume full and absolute responsibility for any and all of the selected transportation options. I assume all costs associated with such risks, including, but not limited to medical expenses arising out of exposure to COVID-19, testing for COVID-19, quarantine, hospitalization, personal injury, disability, and death.

2. **Release and Waiver.** I hereby release the school district and its board members, employees, agents, contractors, volunteers, successors and assigns (collectively, the “School Parties”) of and from any and all claims for injury, loss, damages, actions and causes of action, claims and demands whatsoever, whether known or unknown and whether or not founded in fact or in law, and of and from any and all manner of suits, liabilities, losses, covenants, controversies, agreements, promises, damages, judgments, claims and demands whatsoever in law or in equity including, but not limited to, those arising out of or in any way related to my approved alternative transportation options above, and all acts or omissions related thereto, whether or not caused in whole or part by the negligence or other misconduct of any of the School Parties, through the end of the Term of this Agreement, as defined below, of this Agreement, which the undersigned has had or now has or which he/she or his/her heirs, administrators, successors and assigns hereafter can shall or may have or acquired.

The term of this Agreement shall be from January 4, 2021 to June 30, 2021.

Date: _____

Name of Student

Student Signature if 18 or older

Signature of Parent / Guardian